

# Registration Form

Name \_\_\_\_\_

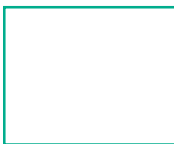
Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_



First Class

Complete & mail this form with check for \$75 per child to Holiday Hockey School to

**Holiday Hockey Schools**  
3740 Cavalear Drive  
Toledo, Ohio 43606-1147

Group A - 8 years old & younger  
 Group B - 9 years old & older  
 Goaltending - all ages

No refunds will be granted.

## Consent

Please read carefully before signing.

I hereby give my consent for my child to participate in the 2003 Holiday Hockey School. I understand the organizers and personnel of the Holiday Hockey School, Tam O'Shanter Sports, Inc., HHS employees, and volunteers assume no liability for my child's participating in or transportation to or from this school. I also certify that my child is covered by medical insurance and agree, in case of accident, to allow my child to be transported by emergency services to the nearest medical facility.

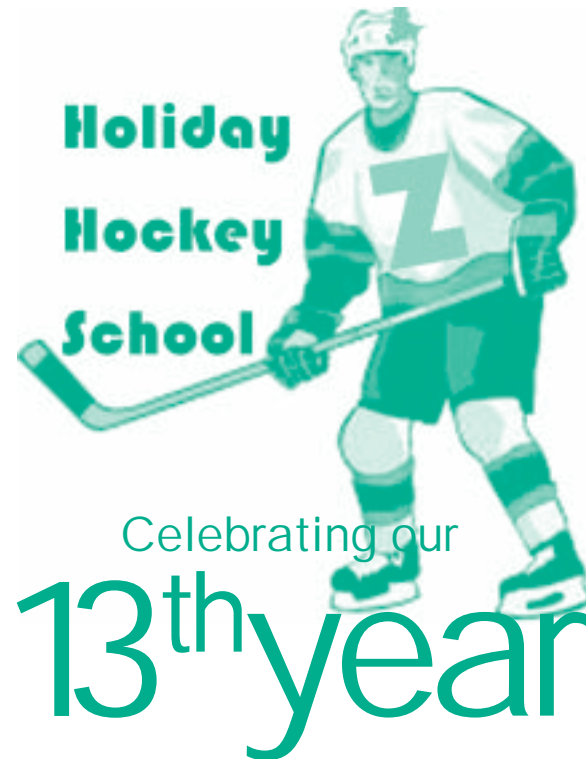
Signature \_\_\_\_\_

Date \_\_\_\_\_

3740 Cavalear Drive  
Toledo, Ohio 43606-1147



Coach Bob Zion  
(419) 474-8324  
reddog51@toast.net



Training at  
Tam O'Shanter Sports, Inc.  
7060 Sylvania Avenue Sylvania, Ohio

**GROUP A**  
8 years old & younger  
Friday, Dec. 26 9 - 11 a.m.  
Saturday, Dec. 27 9 - 10:30 a.m.

**GROUP B**  
9 years old & older  
Friday, Dec. 26 11 a.m. - 1 p.m.  
Saturday, Dec. 27 10:30 a.m. - noon

**GOALTENDING**  
limited instruction available  
Friday, Dec. 26 9:30 a.m. - 12:30 p.m.

Players will be grouped by age & ability.

## Program Philosophy

### 1 Discipline

### 2 Hockey

### 3 Fun

#### 1 Discipline

In any teaching situation, discipline must be maintained if a youngster is to develop and progress. All skaters are expected to give their undivided attention during instructional periods and conduct themselves as true ladies and gentlemen while learning the value and importance of good sportsmanship.

#### 2 Hockey

Hockey is the reason any player signs up for HHS. With the diverse curriculum and the knowledgeable instructors, each player is assured of an intense program that not only challenges the physical skills, but also offers each participant a better understanding of the game.

#### 3 Fun

Fun is a very simple word that is often forgotten in youth sports. It is our belief that a positive disciplined environment can be maintained while the game of hockey is presented in a fun and upbeat atmosphere.

## Instructional Staff

**Bob Zion** is the chief instructor for Holiday Hockey School, and has designed all the drills and lesson plans. The former head coach of Eastern Michigan University and the former director of player development for The Toledo Cherokees Jr. Hockey Club, he is a veteran high school and travel coach. He was the director of the National Goalie Camp at the Olympic Training Center in Colorado Springs for two summers. Coach Zion is a USA Hockey Master Coach (CAP). Instructors and assistants include current EMU and Toledo Cherokee players and coaches, as well as some of Coach Zion's former players who are home from college or members of Jr. A hockey clubs.

## Registration and Cost

The program fee is only \$75.00 per skater and includes 3½ hours of ice time. Please complete the Registration Form and submit it with the full fee. Make checks payable to **Holiday Hockey School**. Since space is limited for these classes, please complete and return the Registration Form immediately to avoid the disappointment of not obtaining a place in the school.

## Equipment

All players must wear full equipment including helmet, mask, and mouthpiece. Players must provide their own equipment.

## Goaltending

Because Coach Zion was a goaltender, he realizes that proper instruction for the goaltender is the duty of every hockey coach. Goaltending instruction focuses on balance, agility, save selection, and crease movement drills. Each goaltender receives individual attention and instruction.

## Curriculum

Good skating and puck control do not happen by accident. Hockey players do these things well because they work at improving their skills. The Holiday Hockey School curriculum is progressive, challenging, and based on sound player development as well as proven teaching principles. HHS participants show improvement following the two-day emphasis on power skating and puck control.



## Power Skating

The first few strides are critical. Hockey is primarily a series of short dashes and quick cornering. The really good players generally have better skating intensity, cornering ability, agility, balance, and quick starting ability. Instruction focuses on quicker stops and starts, improving balance and agility, and developing more powerful forward and backward turns.

## Puck Control

Skill development is the first step in building a complete player. Players must practice basic skills with demand on proper technique. Executing proper stickhandling and puck control skill at top speed is emphasized in order to develop "quick hands," "quick feet," and "quick decisions." Creative drills develop a better touch and feel for the puck. Stickhandling and puck control drills improve a young player's read and reaction, offensive support, and puck protection skills.

Hockey School Motto  
You never know how good  
you are until you try!